

Meet Fellow Clarity Thru Color Member:



Astrid van Kampen

At the moment I have two passions in my life: my dog Suki and my art. I believe that finding your passions and spending time doing them is very important to be happy and make you think less of things that make you unhappy. I knew that making art and being creative makes me happy, but still I didn't do it. So I told myself I had to spend at least one hour every day on making art. After some time making art became a habit. Often when I go to sleep I think of ideas for my art. Still, when there is no inspiration, I just sit myself down, put down materials that go together nicely and just start working.

Inspiration is so very important. Sometimes I am scared that it is gone and will never come back. Fortunately, there are three very important sources of inspiration for me at the moment: Robyn McClendon, Lynn Moncrieff, and Roxanne Evans Stout. I can always go back and look at their art and I get inspired. The biggest challenge is to be inspired but make something that is ME, that's different from what someone else has made. I am very happy to be in that stage now. But I initially started copying things to learn techniques and that was fine. I think that's a good way to start.





Ephemera plays a very important role in my art. I use Asian ephemera but also Dutch ledgers and manuscripts and sometimes vintage photographs. I also like to use different or old materials to frame my art, like old floorboards or typesetters trays. I really liked making a little cabinet for my aunt last month using old pictures and manuscripts from her ancestors.

For the future I hope that one day maybe I can have an exposition of my work. I think it would be nice to show people this kind of art that a lot people are not familiar with. I'm not really sure if that's realistic. But being in this newsletter is a great start already!

You can find most of my works on Instagram [#vintagefindsephemera](#)

